

right brain planner

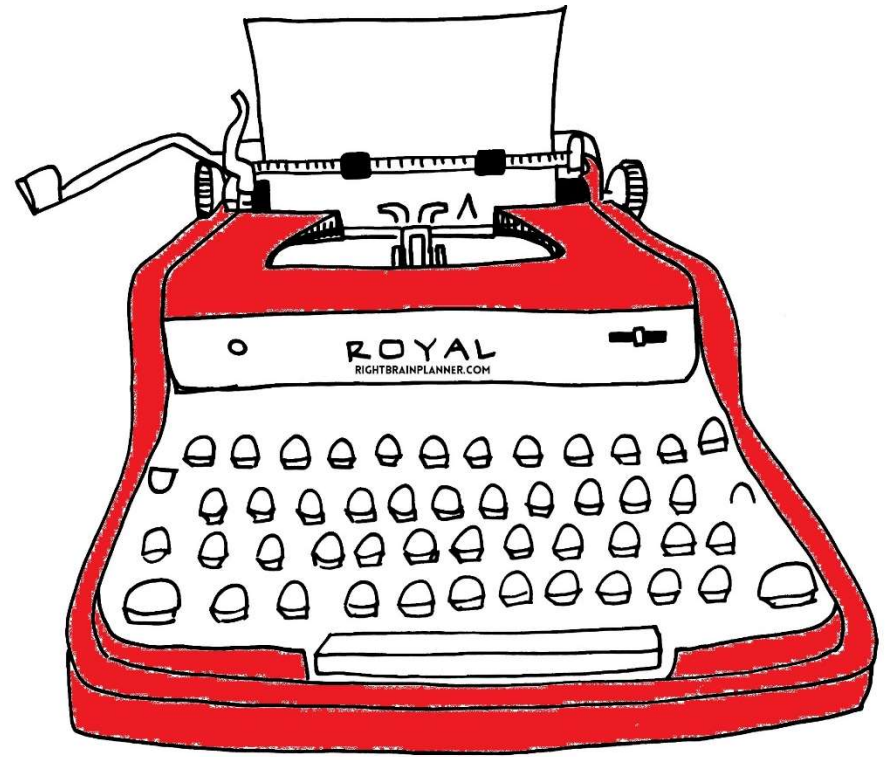
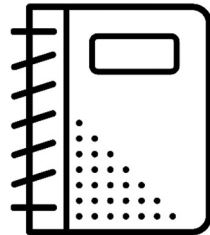
CURRENTLY CHRONICLES

[Quotations and guide words are provided to invite your curiosity and attention for awaiting synchronicities and examples of personal meaning and significance.]

The two main aspects of chronicling your life:

1 journal entries (thoughts and feelings; daily reflection & observations; visual art journal pages, etc.)

2 dated entries (facts of the day; date specific activities; weather; deadlines; personal and work appointments, etc.)



Use this download for its art and content — or fold the pages into a booklet to use as a new moon journal; making dated journal entries throughout the next year to document your observations.

I DON'T GAUGE TIME THROUGH CLOCKS AND CALENDARS. I MEASURE TIME WITH MY BODY. WHEN I BREATHE IN AND OUT, OR HEAR MY HEART BEATING, OR SHIFT FROM ONE FOOT TO THE OTHER. I SENSE THE PASSING OF TIME. WHEN NOTHING MOVES, I LOSE THAT SENSE...[THE] SAME WAY THAT A SUNDIAL MEASURES TIME THROUGH SOLAR MOVEMENT...MY BODY HAS BECOME MY CLOCK...I KNOW TIME THROUGH MOVEMENT.

TWYLA THARP



Right Brain Planner® Journal Planner

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CURRENTLY CHRONICLES

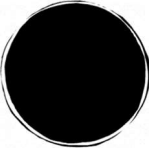
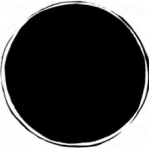
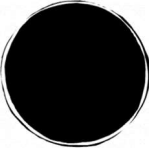
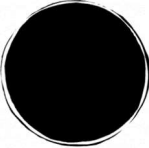
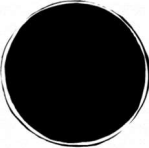
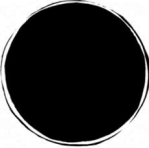
OCTOBER NEW MOON 2024 - SEPTEMBER NEW MOON 2025

**NOTICING BEAUTY (WITHIN THE KALEIDOSCOPE OF YOUR LIVING:
THE EVER-CHANGING "FORMATIONS" OF COLOR AND MEANING)**

NEW MOON JOURNAL

October New Moon 2024 - September New Moon 2025

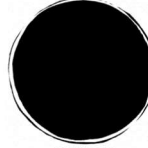

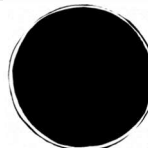
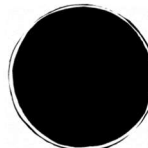

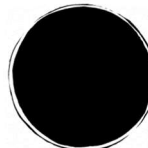
★ **PROMPTS** ☾ On or around the day of the new moon abide with the moon in a quiet space as a reminder that *everything* cycles — because life is change; jot relevant notes regarding your mood, energy levels, activities. Other ideas: hand-letter a guide word; add found words; copy a meaningful quotation or create a tiny collage. Color-vent — fill the space with color(s) that express what you feel or want to chronicle for the new moon.

 NEW MOON	OCTOBER
 NEW MOON	NOVEMBER
 NEW MOON	DECEMBER
 NEW MOON	JANUARY
 NEW MOON	FEBRUARY
 NEW MOON	MARCH

NEW MOON JOURNAL

October New Moon 2024 - September New Moon 2025

★ **PROMPTS** ☾ On or around the day of the new moon abide with the moon in a quiet space as a reminder that *everything* cycles — because life is change; jot relevant notes regarding your mood, energy levels, activities. Other ideas: hand-letter a guide word; add found words; copy a meaningful quotation or create a tiny collage. Color-vent — fill the space with color(s) that express what you feel or want to chronicle for the new moon.

 NEW MOON	APRIL
 NEW MOON	MAY
 NEW MOON	JUNE
 NEW MOON	JULY
 NEW MOON	AUGUST
 NEW MOON	SEPTEMBER

ORACLES

directives and guidance from

serendipitous moments, oracle cards, books

★ **PROMPTS** ☉ Chronicle recurring words, phrases, quotations or visuals that have your attention; attach (or sketch) oracle cards you pull on the new moon.

ORACLES

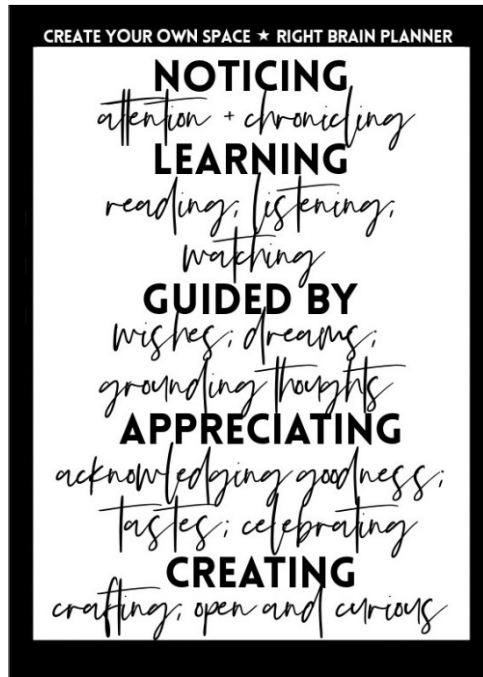
directives and guidance from

serendipitous moments, oracle cards, books

★ **PROMPTS** ☉ Chronicle recurring words, phrases, quotations or visuals that have your attention; attach (or sketch) oracle cards you pull on the new moon.

CURRENTLY CHRONICLES

ATTENTION IS THE BEGINNING OF DEVOTION. -MARY OLIVER



These “Currently” word prompts are a starting point to give your attention to the details of how you are spending your time and energies. These prompts may also be considered a compassionate alternative to compiling a "gratitude list" — and certainly a way of fostering meaning and connection with the details of your one wild and precious life.

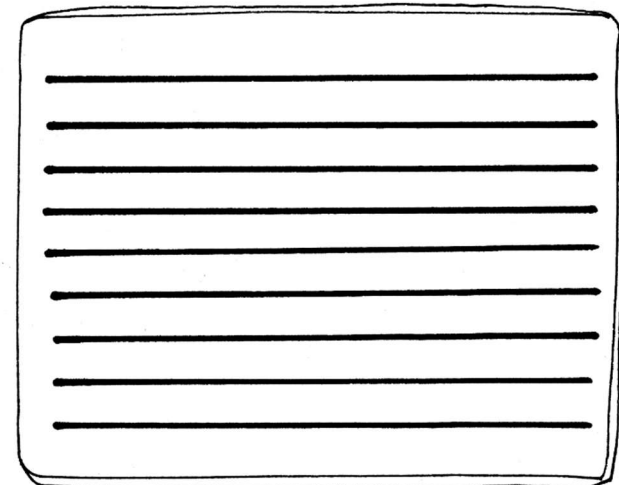
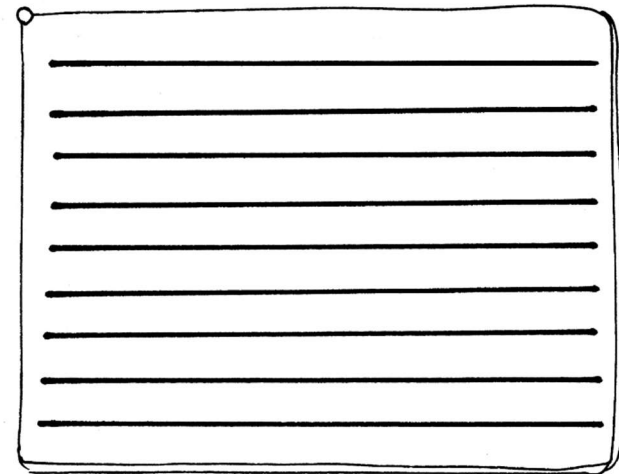
MAKING ART CARDS:

Print, cut and-paste the card art above onto a playing card as a prompt. You may choose to make more than one card using the card art on the last page of this download. Embellish your card(s) with lined paper (for adding notes), paint, markers, collage, Washi tape, etc. — whatever serves you best. Your card(s) is a means of redirecting your focus and energies during the new moon phase.

CURRENTLY CHRONICLES

OCTOBER NEW MOON 2024

GIVING MY ATTENTION TO MY STORY UNFOLDING (WITHIN
KALEIDOSCOPES OF LIVING-COLOR AND CHAPTERS OF MEANING)



CURRENTLY CHRONICLES

NOVEMBER NEW MOON 2024

GIVING MY ATTENTION TO MY STORY UNFOLDING (WITHIN
KALEIDOSCOPIES OF LIVING-COLOR AND CHAPTERS OF MEANING)

CURRENTLY CHRONICLES

DECEMBER NEW MOON 2024

GIVING MY ATTENTION TO MY STORY UNFOLDING (WITHIN
KALEIDOSCOPIES OF LIVING-COLOR AND CHAPTERS OF MEANING)

CURRENTLY CHRONICLES

JANUARY NEW MOON 2025

GIVING MY ATTENTION TO MY STORY UNFOLDING (WITHIN
KALEIDOSCOPE OF LIVING-COLOR AND CHAPTERS OF MEANING)

CURRENTLY CHRONICLES

FEBRUARY NEW MOON 2025

GIVING MY ATTENTION TO MY STORY UNFOLDING (WITHIN
KALEIDOSCOPE OF LIVING-COLOR AND CHAPTERS OF MEANING)

CURRENTLY CHRONICLES

MARCH NEW MOON 2025

**GIVING MY ATTENTION TO MY STORY UNFOLDING (WITHIN
KALEIDOSCOPIES OF LIVING-COLOR AND CHAPTERS OF MEANING)**

CURRENTLY CHRONICLES

APRIL NEW MOON 2025

**GIVING MY ATTENTION TO MY STORY UNFOLDING (WITHIN
KALEIDOSCOPIES OF LIVING-COLOR AND CHAPTERS OF MEANING)**

CURRENTLY CHRONICLES

MAY NEW MOON 2025

**GIVING MY ATTENTION TO MY STORY UNFOLDING (WITHIN
KALEIDOSCOPIES OF LIVING-COLOR AND CHAPTERS OF MEANING)**

CURRENTLY CHRONICLES

JUNE NEW MOON 2025

**GIVING MY ATTENTION TO MY STORY UNFOLDING (WITHIN
KALEIDOSCOPIES OF LIVING-COLOR AND CHAPTERS OF MEANING)**

CURRENTLY CHRONICLES

JULY NEW MOON 2025

**GIVING MY ATTENTION TO MY STORY UNFOLDING (WITHIN
KALEIDOSCOPIES OF LIVING-COLOR AND CHAPTERS OF MEANING)**

CURRENTLY CHRONICLES

AUGUST NEW MOON 2025

**GIVING MY ATTENTION TO MY STORY UNFOLDING (WITHIN
KALEIDOSCOPIES OF LIVING-COLOR AND CHAPTERS OF MEANING)**

CURRENTLY CHRONICLES

SEPTEMBER NEW MOON 2025

GIVING MY ATTENTION TO MY STORY UNFOLDING (WITHIN
KALEIDOSCOPE OF LIVING-COLOR AND CHAPTERS OF MEANING)

CURRENTLY CHRONICLES


OCTOBER NEW MOON 2025

GIVING MY ATTENTION TO MY STORY UNFOLDING (WITHIN
KALEIDOSCOPE OF LIVING-COLOR AND CHAPTERS OF MEANING)

CREATE YOUR OWN SPACE ★ RIGHT BRAIN PLANNER

NOTICING
attention + chronicling

LEARNING
reading, listening,
watching

GUIDED BY  NEW MOON
wishes, dreams,
grounding thoughts


APPRECIATING
acknowledging goodness,
tastes; celebrating

CREATING
crafting; open and curious

CREATE YOUR OWN SPACE ★ RIGHT BRAIN PLANNER

NOTICING
attention + chronicling

LEARNING
reading, listening,
watching

GUIDED BY  1ST QUARTER MOON
wishes, dreams,
grounding thoughts


APPRECIATING
acknowledging goodness,
tastes; celebrating

CREATING
crafting; open and curious

CREATE YOUR OWN SPACE ★ RIGHT BRAIN PLANNER

NOTICING
attention + chronicling

LEARNING
reading, listening,
watching

GUIDED BY  FULL MOON
wishes, dreams,
grounding thoughts


APPRECIATING
acknowledging goodness,
tastes; celebrating

CREATING
crafting; open and curious

CREATE YOUR OWN SPACE ★ RIGHT BRAIN PLANNER

NOTICING
attention + chronicling

LEARNING
reading, listening,
watching

GUIDED BY  3RD QUARTER MOON
wishes, dreams,
grounding thoughts

APPRECIATING
acknowledging goodness,
tastes; celebrating

CREATING
crafting; open and curious

CURRENTLY ART CARDS

MAKING ART CARDS: Print, cut and-paste the card art onto a playing card as a prompt. You may choose to make a card for each new moon or simply use a single card. Embellish your card(s) with the word “currently” and (if desired) lined paper (for adding notes), paint, markers, collage, Washi tape, etc. — whatever serves you best. The card is a means of redirecting your focus and energies.

CURRENTLY CURRENTLY
CURRENTLY CURRENTLY