



DECEMBER

COLOR PROMPT: VIOLET | LIFE QUAD FOCUS: HOME AS SANCTUARY

GUIDE WORD & PROMPT: INTERCONNECT

“[It] all comes down to relationships, to place, to paying attention, to staying, to listening, to learning — of a heightened curiosity with other. And we can go the route of love of other or we can go the route of fear. And I think too often we go the route of fear and we shut down.

Because if we open to love, then we’re going to get hurt and we’re going to get angry. ... [Love] is absolutely fierce. But the other side of love is empathy.” –Terry Tempest Williams

